



WEEK 1

01/09, 22/09,
13/10, 10/11,
01/12, 05/01,
26/01

OPTION 1

MONDAY

Cheese and Tomato
Pizza with Potato
Wedges

TUESDAY

Beef Bolognese with
Spaghetti

WEDNESDAY

Roast Turkey, Roast
Potatoes and Gravy

THURSDAY

Teriyaki Chicken with
Rice

FRIDAY

Salmon Fish Fingers or
Fish Fingers, Chips and
Ketchup

OPTION 2

Plain Omelette with
Potato Wedges

Vegetarian Bolognese
with Spaghetti (Ve)

Cheesy Lentil Roast and
Roast Potatoes

Mixed Bean Chilli Con
Carne with Rice (Ve)

Vegetable Fingers, Chips
and Ketchup (Ve)

OPTION 3

Tomato and Basil Pasta
(Ve)

Jacket Potato with
Choice of Fillings

Cheesy Tomato Pasta

Jacket Potato with a
Choice of Fillings

Pesto Pasta (Ve)

VEGETABLES

Carrots
Cauliflower

Broccoli
Green Beans

Carrots
Cabbage

Green Beans
Sweetcorn

Peas
Baked Beans

DESSERT

WEEK 2

08/09, 29/09,
20/10, 17/11,
08/12, 12/01,
02/02

OPTION 1

Vegetable Pizza with
Potato Wedges

Beef Pasta Bake topped
with Cheese

Chicken Sausage with
Mashed Potatoes and
Gravy

Chicken Curry and Rice

Fish Fingers and Chips

OPTION 2

Broccoli Quiche with
Potato Wedges

Vegetable and Chickpea
Paella (Ve)

Vegan Quorn Sausage
with Mashed Potatoes
and Gravy (Ve)

Macaroni Cheese

Vegetable Fingers and
Chips (Ve)

OPTION 3

Spicy Tomato Pasta (Ve)

Jacket Potato with
Choice of Fillings

Cheesy Pesto Pasta

Jacket Potato with
Choice of Fillings

Tomato and Basil Pasta
(Ve)

VEGETABLES

Broccoli
Carrots

Sweetcorn
Green Beans

Cauliflower
Carrots

Cabbage
Green Beans

Peas
Baked Beans

DESSERT

WEEK 3

15/09, 06/10,
03/11, 24/11,
15/12, 19/01,
09/02

OPTION 1

Cheese and Tomato
Pizza with Potato
Wedges

Beef Chilli Con Carne
with Rice

Lemon and Thyme
Roasted Chicken, New
Potatoes and Gravy

Katsu Chicken Noodles

Breaded Fish and Chips

OPTION 2

Vegan Sausage Roll with
Potato Wedges (Ve)

Vegetable and Lentil
Curry (Ve)

Quorn Roast, Roast
Potatoes and Gravy

Katsu Vegetable Noodles

Quorn Nuggets and Chips
(Ve)

OPTION 3

Pesto Pasta (Ve)

Jacket Potato with
Choice of Fillings

Spicy Tomato Pasta (Ve)

Jacket Potato with
Choice of Fillings

Tomato and Basil Pasta
(Ve)

VEGETABLES

Carrots
Cauliflower

Sweetcorn
Green Beans

Cabbage
Carrots

Broccoli
Carrots

Peas
Baked Beans

DESSERT

Apple Crumble

Vanilla Cookie (Ve)

Fruit Salad (Ve)

Rice Pudding topped with
Raisins

Beetroot and Chocolate
Brownie